Lessons



Optimize your game by taking lessons.

Lesson(s)	Туре	Cost
1	Private (1)	\$95 / lesson
5 (Package)	Private (1)	\$85 / lesson
1	Semi-Private (2)	\$60 / player
5 (Package)	Semi-Private (2)	\$55 / player per lesson
1	Group (3)	\$55 / player per lesson
5 (Package)	Group (3)	\$50 / player per lesson
1	Group (4)	\$60 / player per lesson
5 (Package)	Group (4)	\$55 / player per lesson

For more information, visit seancoaching.com/lessons

SeanCoaching.com Revised 2025



SEAN FOWLER

Tennis Head Pro

Craig Henry Tennis Club 135 Craig Henry Dr., Nepean ON K2G 4M6

Spring/Summer/Fall 2025

e-mail: sean.coaching@gmail.com



Seancoaching

View complete info at SeanCoaching.com

"Green Means Go" Tennis Program



- "Green Means Go" is a program for adults from The Ontario Tennis Association (OTA).
- This program uses progressive tennis equipment with modifications as needed.
- The equipment utilized encourages longer rallies and a smoother introduction to the game with progressive balls (coloured balls).
- Clinics are open to non-members.
- Learn the fundamentals of tennis from Sean, in a safe and supportive environment.
- The clinics are best suited for those who have never played before or who have minimal experience.

CONTACT

For more details, please check Sean's website: seancoaching.com/tennis/clinics-workshops/

Head Pro SEAN FOWLER

MEET SEAN

- Tennis Canada Club Pro 2 Certified Coach with over 20 years coaching experience
- coaches adults and children of all ages, levels and abilities
- specializes in new, beginner and intermediate players
- caters to all learning styles, abilities and interest by using a combination of visual, kinesthetic and auditory teaching techniques,
- ability to break down complicated concepts into manageable pieces to improve on different aspects of your game
- passionate about improving your tennis game

