## Lessons



Optimize your game by taking lessons.

Lesson(s)	Туре	Cost
1	Private (1)	\$80 / lesson
5 (Package)	Private (1)	\$70 / lesson
1	Semi-Private (2)	\$49.50 / player
5 (Package)	Semi-Private (2)	\$45 / player per lesson
1	Group (3)	\$40 / player per lesson
5 (Package)	Group (3)	\$35 / player per lesson
1	Group (4)	\$35 / player per lesson
5 (Package)	Group (4)	\$30 / player per lesson

For more information, visit seancoaching.com/lessons

SeanCoaching.com Revised 2022



## SEAN FOWLER

**Tennis Head Pro** 

Craig Henry Tennis Club 135 Craig Henry Dr., Nepean ON K2G 4M6

Spring/Summer/Fall 2022

Email: sean.coaching@gmail.com



Seancoaching

View complete info at SeanCoaching.com

New Program –"Green Means Go"



- "Green Means Go" is a new program for adults from The Ontario Tennis Association (OTA).
- This program uses progressive tennis equipment with modifications as needed.
- The equipment utilized encourages longer rallies and a smoother introduction to the game with progressive balls (coloured balls).
- Clinics are open to non-members.
- Learn the fundamentals of tennis from Sean, in a safe and supportive environment.
- The clinics are best suited for those who have never played before or who have minimal experience.

CONTACT For more details, please check Sean's website: seancoaching.com/tennis/clinics-workshops/

## Head Pro SEAN FOWLER

## **MEET SEAN**

Sean is a Tennis Canada Club Pro 2 certified coach and has over 19 years coaching experience.

He coaches adults and children of all ages, levels and abilities, and he specializes in new, beginner and intermediate players. Sean caters to all learning styles, abilities and interest by using a combination of visual, kinesthetic and auditory teaching techniques,

Making your experience both enjoyable and rewarding are key components of Sean's coaching. Tennis is a technical sport and Sean is able to break down complicated concepts into manageable pieces to improve on certain aspects of your game. He loves what he does and this enthusiasm shows through on and off the court.

