

# Lessons



*Optimize your game by taking lessons.*

Lesson(s)	Type / Player(s)	Price / Hour
1	Private (1)	\$70
5 (Package)	Private (1)	\$65
1	Semi-Private (2)	\$45 per player
5 (Package)	Semit-Private (2)	\$40 per player
1	Group (3-4)	\$120
5 (Package)	Group (3-4)	\$110

Semi-Private lessons are the individual price per player, not total price. Group lessons are the total price per hour for 3-4 participants.

\*NOTE: Extra safety measures will be put in place this year because of COVID-19.

SeanCoaching.com Revised 2020



**SEAN FOWLER**

**Tennis Head Pro**

Craig Henry Tennis Club

Spring/Summer/Fall 2020

Email: [sean.coaching@gmail.com](mailto:sean.coaching@gmail.com)



Seancoaching

*View complete info at*  
**SeanCoaching.com**

# Tennis Ball Machine

Unfortunately, the Tennis Ball Machine will NOT BE AVAILABLE for rental this year because of the restrictions dictated by the COVID-19 pandemic.

Hour(s)	Type	Price
.5	Private Rental	\$20
1	Private Rental	\$35
5	Private Rental	\$150

## Benefits of using a ball machine:

- high repetition of a particular stroke
- consistent feed
- no pressure to return to a partner
- ability to practise on your own

## Best way to improve my game?

- weekly lessons in combination with renting the ball machine
- using the ball machine to practise the skill learned

Want more info on the ball machine? Visit [SeanCoaching.com/tennis/ballmachine](http://SeanCoaching.com/tennis/ballmachine)

# Head Pro SEAN FOWLER

## MEET SEAN

Sean is a Tennis Canada Club Pro 2 certified coach and has over 18 years coaching experience.

He is fluently bilingual (English and French) and coaches adults and children of all ages and levels from beginner to novice to experienced players. By using a combination of visual, kinesthetic and auditory teaching techniques, Sean caters to all learning styles, abilities and interest.

Key components of Sean's coaching are making your experience both enjoyable and rewarding. Tennis is a technical sport and Sean is able to break down complicated concepts into manageable pieces to improve on certain aspects of your game. He loves what he does and this enthusiasm shows through on and off the court.



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